



THE WHOLE CHILD

Current Fee Schedule for Private Clients

Please note NDIS Price Guide applies to NDIS Clients



The Whole Child – Private Fee Schedule 2026

Note: This applies to Private paying clients. For NDIS clients NDIS guidelines and fee schedule applies.

Our aim is to empower you to deal well with the challenges you face in daily life.

The Whole Child provides Occupational Therapy (OT), Gut and Psychology Syndrome (GAPS) consultations, and Child and Family Wellbeing Practitioner (CFWP) services. Our team shares a passion for helping children, teens, young adults, and families in a holistic, personalised, and compassionate way.

OT is a holistic allied health profession that considers a person's whole life. OT focuses on real life, functional skills and can include overall development, handwriting, fine & gross motor skills, cognitive skills, social/emotional skills, play skills, self-care skills, visual perception, &/or sensory processing skills.

GAPS links gut health to other challenges you may be experiencing, and addressing it can lead to long-term positive changes. Some families choose to make simple, achievable adjustments to support gut health, while others seek more intensive healing through the GAPS protocol, with tailored guidance and support. Our GAPS practitioner is one of only 80 in Australia trained in person by Dr. Natasha Campbell-McBride, founder of GAPS, and is among the few worldwide who combine GAPS and OT expertise.

Child and Family Wellbeing Practitioner services offer support that strengthens emotional, social, and behavioural capacity in children and young people, while also supporting the wellbeing of their families. This may include help with emotional regulation, behaviour, relationships, family dynamics, parenting strategies, and everyday resilience. These sessions are grounded in trauma-informed and attachment-aware approaches and are tailored to your child's individual needs. Support may be provided to children, parents/carers, or the whole family unit.

You can choose between OT, GAPS, and Child and Family Wellbeing services—or we can provide them in combination. Therapy sessions can be face to face in the community, clinic, or via telehealth using phone/email/video.

ASSESSMENT STAGE: Assessment is all about exploring the underlying reasons for your challenges.

Initial Consultation: We'll explore your main concerns and complete observations or assessments where relevant. We'll discuss options for addressing your primary concerns.

Initial OT session: \$352.50 + travel fee for off-site sessions (Subsequent session: \$237.50)

Note: Full assessments may take between 1 and 3 sessions depending on concerns. Reporting costs are additional.

Reporting Costs (Letters/Summaries/Reports/Written Programs): \$237.50 per hour

Initial Child and Family Wellbeing Practitioner Session: \$295.50

THERAPY STAGE:

Therapy focuses on your main concerns and explores strategies to optimally manage these, or where possible, overcome challenges. Sessions focus on goals established in collaboration with you and/or your child. A range of approaches may be used depending on the needs of the person, with a child-led philosophy being at the core.

Includes 45–50 minutes therapy, 10–15 minutes clinical notes/planning.

OT session: \$237.50 + travel fee for off-site sessions

Therapy Assistant Session: \$125

(OT will attend regular review sessions & these will be charged at the OT rate. The OT will do treatment planning and review progress/goals/outcomes with Therapy Assistant).

Note: Rebates are not available for sessions with a Therapy Assistant.

Child and Family Wellbeing Practitioner Sessions: \$197.50

Cancellation Fee: We run a very busy clinic with a lengthy waiting list. To help us provide quality services please read our cancellation policy:

- Cancellation with less than 48 hours notice will attract a cancellation fee.
- If an appointment is not cancelled (e.g. therapist arrives and child is not there, or session is prepared, and you don't arrive) full session fees will be charged.
- If short notice cancellation is unavoidable, please let us know. We can use the session time to help you in other ways such as a phone call, making a resource or researching equipment.
- When appointments are repeatedly unattended regular session times will be given to other clients.
- For NDIS clients the current NDIS cancellation policy applies.

Travel: Off-site fees allow for the extra cost of travel, extra preparation time, and reduction in client numbers on travel days. We attempt to coordinate appointments and share travel where possible.

Payment Methods:

- Invoices will be sent by administration officer. To keep our clinic viable please pay the invoice immediately when you receive it. Unpaid invoices will lead to your child no longer receiving services.
- You may be eligible for a Medicare rebate depending on the nature of your concerns. Please discuss with your GP. Common Medicare referrals are Chronic Disease Management or Better Access to Mental Health referral. Please pay for the session up front and claim when you receive your invoice.
- Aboriginal and Torres Strait Islander clients are eligible for services subsidized by CheckUp funding - Medicare referral from a GP is required.

What we provide:

- Our practitioners are highly trained, experienced, and passionate about supporting children and families. We take the time to understand your situation and work with you to identify and focus on the most meaningful goals.
- The relationship your practitioner builds with your child, family, and support team is at the heart of the work we do. Our team brings warmth, creativity, and genuine care to every session—along with professional expertise and up-to-date knowledge to guide your journey.
- We create and source engaging resources to keep sessions fresh, fun, and relevant to your child’s needs.
- All practitioners receive ongoing supervision, professional development, and support, ensuring your child benefits from the collective insight and experience of our whole team.
- Therapy Assistants provide affordable and engaging regular sessions, carefully supported by occupational therapists to maintain high-quality services.

We are excited to get to know you and join your family's journey towards growth and positive change

Please Note: Fees and services are subject to change at the discretion of The Whole Child.