

Services available on the Atherton Tablelands and surrounds

The Atherton Tablelands has an array of excellent services available to support children, youth, adults and families together to function and thrive in all stages of life.





Adventure Therapy



Contact Mick Rae at
Stand Firm Adventures
Individual or Group Sessions
Support Worker Services
0473 127 524





CHIROPRACTORS

A chiropractor can assist clients with back and neck pain as well as posture. It can also assist those with tension headaches.

For children, it can support sleep, improve attention/concentration and energy, improve behaviour, assist with toileting problems and support children's development.

ANDERSEN CHIROPRACTIC

35 MAIN ST, ATHERTON QLD 4883
(07) 4091 1337

CHIROPRACTIC LIFE

27 TWELFTH AVE, ATHERTON QLD 4883
(07) 4096 6332

FNQ CHIROPRACTIC

HILLTOP SHOPS, SHOP 4/19
MAUNDS RD, ATHERTON QLD 4883
(07) 4091 4430

KERRY HAWKES, MAREEBA

SHOP 4/225 BYRNES ST, MAREEBA QLD
4880
(07) 4092 2022



Exercise Physiology and Hydrotherapy

FNQ Health and Fitness

7 Mcconaghie St, Atherton
QLD 4883
(07) 4091 3689

Move Right Allied Health

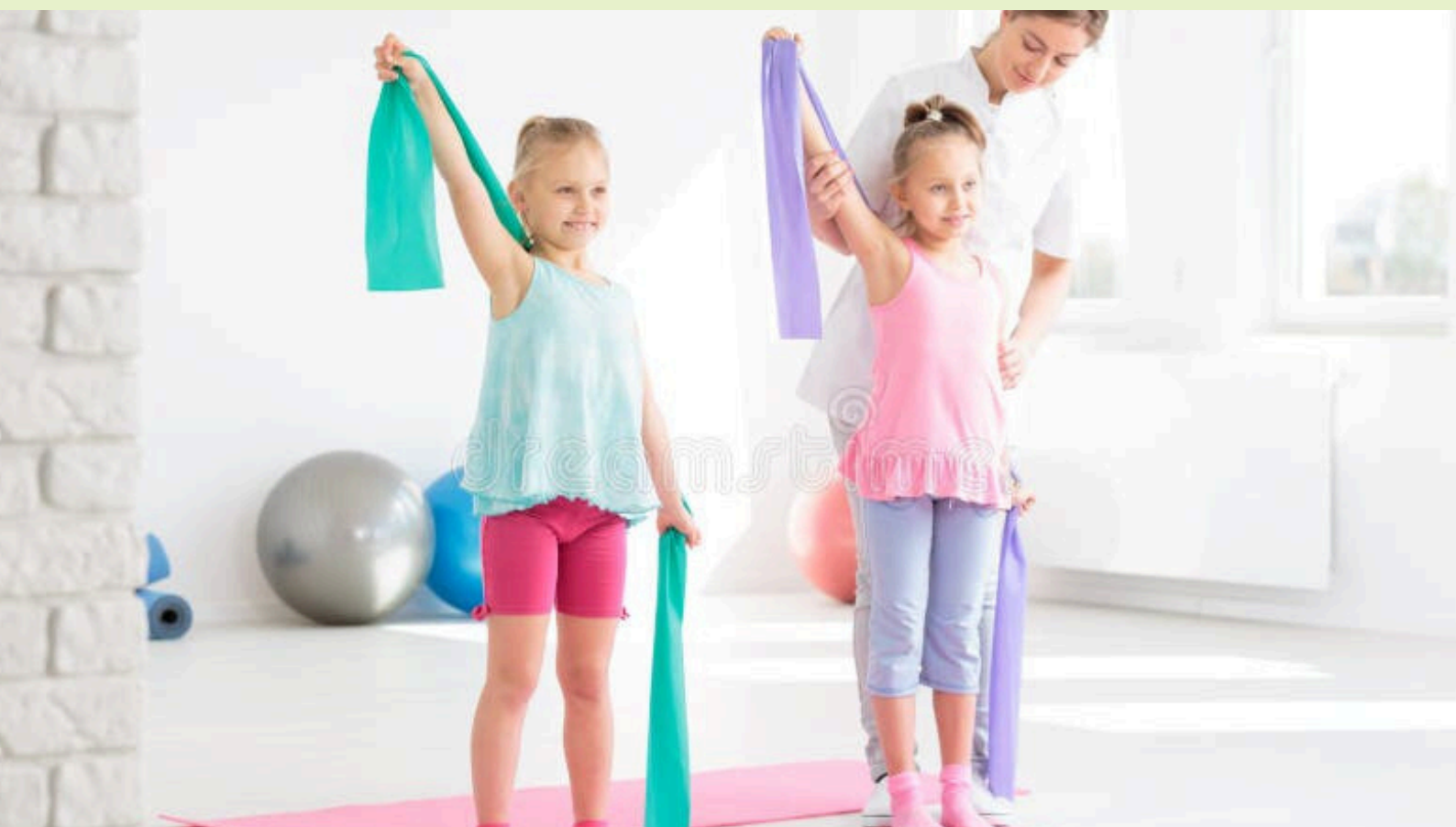
19 James St, Malanda
QLD 4885
0484 679 200

Crossfit HBZ

26 Eclipse Dr, Atherton
QLD 4883
0488 774 807

Exercise physiology and hydrotherapy are great services which benefit your mobility, strength and endurance.

They provide assistance with exercises and movement, general fitness, pain management and injury prevention and rehabilitation.



PHYSIOTHERAPY

Physiotherapy can support you in pain management, injury prevention, improving posture and mobility, improved strength and balance and coordination.



Atherton Family Physiotherapy

5 Jack St, Atherton
QLD 4883
(07) 4091 5600

Healthwise Physio

5/36 Mabel St, Atherton
QLD 4883
(07) 4095 4555

Main Physiotherapy

7 McConaghie St, Atherton
QLD 4883
(07) 4091 6244

Performance Physiotherapy

229 Byrnes Street, Mareeba Qld 4880
26 Eclipse Drive, Atherton Qld 4883
Ph: 07 4092 2255
M: 0429 701 598

Yungaburra Physio

Shop 1, 30 Cedar St, Yungaburra
QLD 4884
(07) 4095 3187



Paediatric Physiotherapy

Physio Boss with Anne Boss

anne.boss@gmail.com

0447 934 531

Joanne Backer Physio

1/472 Mulgrave Rd, Earlville QLD 4870

info@joannebackerphysio.com.au

0429 368 600

Speech and Language Pathology

Tablelands Speech Pathology

Vital Health Centre
Shop 3/ 303 Byrnes St
Mareeba, QLD 4880

Little Sparrows Therapy

Unit 1, 192 Mulgrave Rd
WESTCOURT QLD 4870
(07) 4019 2400

Speech Pathology NQ

Level 1, 207 Lake St
Cairns City, QLD 4870
(07) 4051 2877

Speech Plus Speech Pathology

Redlynch Central
Commercial Hub
Shop 2.6/2 Chelsea Lane
Redlynch, QLD 4870
(07) 4019 2625

Speech and language therapy can assist those who have difficulty speaking and communicating. Through a variety of activities, a speech and language pathologist helps stimulate language development. They can address concerns such as speech disorders, speech sounds, swallowing, fluency and communication disorders.





NATUROPATH AND HOMEOPATH

Naturopaths offer a holistic approach when addressing your health.
it's not just about healing - it's about prevention and establishing
foundations for health.

Simply Healing Natural Health Clinic

10/13 Therwine St, Kuranda, QLD 4881
(07) 4454 1844
or text 0402804591

Christine Ludke Naturopath

Park Motel, 29 Gillies Range Rd, Yungaburra
QLD 4884
0418 770 557

Atherton Natural Medicine Centre

4 Jack St, Atherton
QLD 4883
(07) 4091 5000

I.O.N Herbals Naturopath & Iridology Clinic

11 Nadia Cl, Tolga
QLD 4882
0402 609 789

A photograph of four children blowing bubbles. The children are of diverse backgrounds and are smiling. The background is bright and slightly blurred, suggesting an outdoor setting. The text 'Social Workers and Family Support Services' is overlaid in white on the right side of the image.

Social Workers and Family Support Services

Atherton Community, Allied and Mental Health

CAMHS Building, 56 Jack St,
Atherton, QLD 4883
(07) 4091 0263

Better Together

39 Robert St, Atherton,
QLD 4883
(07) 4091 3850

Birdwing Therapies

Malanda Wellbeing Centre,
19 James Street,
Malanda, QLD 4883
0475 618 756

Centacare FNQ Atherton

The Presbytery, 26 Mabel St,
Atherton QLD 4883
(07) 4044 0130

Every Family VPG Atherton

5a Comet Ave, Atherton, QLD 4883
(07) 4091 6411

Every Family VPG Mareeba

Shop 7/64 Rankin St, Mareeba,
QLD 4880
(07) 4091 6411



HEALTH FOOD STORES

Health food stores carry an extensive range of natural health supplements, functional foods, beauty, skincare and toiletry products and naturally based environmentally friendly cleaning products

Atherton Health Food Centre

68 Main St, Atherton

QLD 4883

(07) 4091 1956

Atherton Food Co-op

7E Herberton Rd, Atherton

QLD 4883

(07) 4091 1268

Wholelife Pharmacy

Silo Shopping Centre, Atherton

QLD 4883

(07) 4091 1027

